

2020

# CA Inland Empire Council COVID-19 Plan Overview



CA Inland Empire Council  
Boy Scouts of America  
5/15/2020



# BOY SCOUTS OF AMERICA®

## CALIFORNIA INLAND EMPIRE COUNCIL

May 15, 2020

### **CALIFORNIA INLAND EMPIRE COUNCIL CAMP EMERSON COVID-19 ACTION PLAN**

The California Inland Empire Council has taken into consideration many of the scenarios that may impact the operation and delivery of program at Camp Emerson. Continued discussions at the local and National Council level, are regularly addressing potential areas of concern with operating outdoor camp programs concerning the health and safety of our campers. It is our intent to run and operate Camp Emerson practicing all guidelines issued by the County of Riverside Health Department. To ensure the safety of all campers attending Camp Emerson, the following are guidelines that the California Inland Empire Council may consider and may not be limited to:

- Health screening upon arrival to camp with temperature checks to all campers.
- Staggered arrival and departure times assigned to groups attending camp.
- Increased sanitation of all facilities to include dining hall, restrooms, showers, and program areas.
- Use of masks or otherwise directed by the County Health Department.
- Practice of social distancing or otherwise directed by the County Health Department. To include social distancing practices between staff and campers.
- No self-serve options during mealtimes, all portions of meals will be served by camp staff.
- Implementation of multiple meal shifts to insure the practice of social distancing.
- Concentric Circles or “Campsite Groups” program delivery using groups within a campsite group could be one large group or two, or even three, smaller groups. The important thing is that campsite groups will try to remain intact and autonomous throughout their camp experience.
- Implementation of program rotation of the Concentric Circles or “Campsite Groups”.
- Bring Individual tents for sleeping.
- Groups may be encouraged to bring additional activities to campsites (games, horseshoes, low contact activities, etc.) dependent upon guidelines set by the County Health Department.

This document was created to share with our local health department the preparations and intentions CA Inland Empire Council has while operating our summer camps.

The following information has helped form the planning and implementation of enhanced procedures in CA Inland Empire Council camps.

1. **Age Impact.** It appears that COVID19 does not have a significant effect on those below the age of 20 and that comorbidities are not a major factor in COVID deaths below the age of 20. CDC nationwide COVID deaths logged by age as of 25 April. 51 out of 37,308 nation-wide COVID deaths were people under 25 (includes those under 25 with comorbidities).

Data ...	Start...	End ...	State	Sex	Age g...	COVI...	Total...
05/01/2020	02/01/2020	04/25/2020	United St...	All Sexes	Under 1 y...	4	3,725
05/01/2020	02/01/2020	04/25/2020	United St...	All Sexes	1-4 years	2	723
05/01/2020	02/01/2020	04/25/2020	United St...	All Sexes	5-14 years	3	1,072
05/01/2020	02/01/2020	04/25/2020	United St...	All Sexes	15-24 years	42	6,385
05/01/2020	02/01/2020	04/25/2020	United St...	All Sexes	25-34 years	278	13,532
05/01/2020	02/01/2020	04/25/2020	United St...	All Sexes	35-44 years	707	19,539
05/01/2020	02/01/2020	04/25/2020	United St...	All Sexes	45-54 years	1,929	37,899
05/01/2020	02/01/2020	04/25/2020	United St...	All Sexes	55-64 years	4,688	91,146
05/01/2020	02/01/2020	04/25/2020	United St...	All Sexes	65-74 years	8,001	141,556
05/01/2020	02/01/2020	04/25/2020	United St...	All Sexes	75-84 years	10,196	177,917
05/01/2020	02/01/2020	04/25/2020	United St...	All Sexes	85 years ...	11,458	225,944
05/01/2020	02/01/2020	04/25/2020	United St...	All Sexes ...	All Ages	37,308	719,438

<https://www.cdc.gov/nchs/nvss/vsrr/covid19/index.htm>

**Environment Impact.** Heat 75°, humidity 80% and sunlight reduce the half-life of this virus from 18 hours to 2 minutes. Summer will have a major impact on this virus with even a greater impact as the temperature increases above 90. (Data from 23 April Daily White House COVID presentation)

Increased temperature, humidity, and sunlight are detrimental to SARS-CoV-2 in saliva droplets on surfaces and in the air				
CONDITION	Temp	Humidity	Solar	HALF LIFE
Surface	70-75°F	20%	None	18 hours
Surface	70-75°F	80%	None	6 hours
Surface	95°F	80%	None	1 hour
Surface	70-75°F	80%	Summer	2 minutes
Aerosol	70-75°F	20%	None	~60 minutes
Aerosol	70-75°F	20%	Summer	~1.5 minutes

In addition to the CDC information provided above, CA Inland Empire Council completes a rigorous national accreditation process each year (a summary of those topics is provided in the Appendix of this document). The following provides background to the BSA national standards.

## **BACKGROUND ON NATIONAL STANDARDS FOR CA INLAND EMPIRE CAMPS**

The BSA national camp standards are established to:

1. Promote the health, safety, and well-being of every camper, leader, visitor, and staff member while participating in a BSA-accredited camp.
2. Guide councils so that each camper and leader obtain a quality program consistent with the BSA brand.

The CA Inland Empire Council is responsible for maintaining the BSA national camp standards. The national camp standards are the foundation of the National Camp Accreditation Program, which assesses council and camp conformance with the requirements of the national camp standards.

### **Assessment and Accreditation**

Each year, a national camp assessment team (for long-term camps and COPE/climbing courses and associated camp properties) or the council self-assessment team (for day camps, family camps, and camp properties) will visit the camp property or camp to assess whether it qualifies for accreditation. If the camp assessment team finds that the camp property or camp complies with the standards and Authorization to Operate and is appropriately implementing the continuous camp improvement program, it will confirm the camp property's or camp's accredited status. If there are issues, the team will work with the council to address them and implement appropriate measures for correction. **(See Appendix)**

National Camp Standards Link

<https://i9peu1ikn3a16vg4e45rqi17-wpengine.netdna-ssl.com/wp-content/uploads/2020/04/2020-NCAP-Standards-430-056-2.pdf>

**Beyond the standards**, CA Inland Empire plans to implement practices and precautions to help mitigate the risks associated with COVID-19 which are included in the following pages. We will be monitoring circumstances and adhering to guidance from the CDC, our departments of health, the office of the Governor, and other experts to determine whether programs need to be postponed or adjusted.

### **PRE-OPENING PROCEDURES / UPDATES**

Following are those items related to the COVID-19 preparations CA Inland Empire Council is undertaking to provide a safe, clean, and healthy outdoor experience for its participants. Please know that we are monitoring developments regarding COVID-19 both locally, at the state level, and through the [Centers for Disease Control and Prevention \(CDC\)](#).

- With just over 3,000 Cub Scout youth attending our camps; Cub Scout day camp is the single largest camping operation within the CA Inland Empire Council. These camps take place in various locations across our council; often at local parks, churches, and other community locations. With the availability of these locations in question this year and lack of being able to ensure proper safety, the CA Inland Empire Council has implemented an **alternative day camp plan**.



This plan will involve our Cub Scouts and their families doing a fun and engaging at-home day camp experience beginning June 5<sup>th</sup> - a **“Daycamp at your Doorstep”**. When the at-home experience is complete, the Cub Scout’s parent/guardian will then fill out an online form for that Cub Scout to receive his/her patch. In addition, the Cub Scout will be able to sign-up for several fun-filled one-day experiences in the last two weeks of June or several Saturdays in August to have an in-camp experience at one of our resident camps.

- Scouts BSA-Cub/Webelos resident camp (commonly referred to as summer camp) may have numbers of participants purposely reduced based on local, state, and federal guidelines in order to ensure that all youth, adults, and staff have a safe and fun camping experience. Other changes may be necessary to our 2020 resident/summer camping program and we will communicate those following State of California announcements.
- A **COVID-19 “At-Risk” Camp Participant Statement and Pre – Event Medical Screening Checklist** will be provided to each participant prior to camp and used to prepare attendees for their time at camp. **(See Appendix for both documents.)**

The processes and safety measures outlined in the following pages will be enforced and monitored throughout the summer camping season and will be adapted to meet all state and local requirements as needed. If at any point it is deemed “not safe” or not appropriate to host Scout camp, we will modify our planning and give notice as soon as possible to the participants and groups scheduled to attend.

## **PRIOR TO ARRIVING AT CAMP**

### **Camp Readiness**

Camps in CA Inland Empire will go through typical preparations for the summer season. Unlike previous years, there will be additional action items to complete before and during camp operations. Below are the additional items CA Inland Empire Council will be doing in 2020 to prepare (this list is not all-inclusive and is dynamic depending on state and local guidelines).

### **Enhanced Cleaning**

All camping facilities used during each session/week of camp will receive an extensive cleaning from our camp staff and adult volunteers. Also, prior to the next session/week of camp.

### **Additional Cleaning Procedures**

Cleaning procedure(s) *(based on current local and state recommendations)* have been developed and will be used at all camps. CA Inland Empire has several camps, not all camps have the same facilities and procedures. As such, each camp will clean and sanitize as necessary to meet health guidelines appropriate to each camp. ***Below are the areas identified for enhanced cleaning.***

### **For Camp Operations:**

- Pools – Cleaning of changing rooms after each rotation, class, etc.
- Dining Hall – Clean table surfaces, serving surfaces, doors, restrooms at dining hall, etc. after each meal rotation.

- Program Areas
  - Cleaning of program implementation equipment (tools, firearms, etc.) after each rotation, class, etc.
  - Shelters/picnic areas in program areas will be thoroughly cleaned by staff and/or adult volunteers daily.
- Shelters/Picnic Areas in Campsite
  - Camp staff will inspect daily to ensure that local groups clean shelter/picnic areas in campsites at least once daily (extra cleaning supplies will be issued to local groups and can be augmented with additional approved materials brought to camp by adult leaders) **(See Appendix for approved list of materials)**
  - Shelters/Picnic Areas in campsites will be thoroughly cleaned by staff and/or adult volunteers in between sessions/weeks.
- Restrooms
  - Camp staff will perform daily inspections to ensure that restrooms located in group sites are cleaned daily (extra cleaning supplies will be issued to local groups and can be augmented with additional approved materials brought to camp by adult leaders) **(See Appendix for approved list of materials)**
  - Restrooms in campsites will be thoroughly cleaned by staff and/or adult volunteers in between sessions/weeks.
- Staff Quarters
  - Staff members will be expected to clean their own specific living area at least daily (extra cleaning supplies will be issued to staff and can be augmented with additional approved materials brought to camp by adult leaders) **(See Appendix for approved list of materials)**
  - Camp management will inspect to ensure that all staff specific quarters, housing, restrooms, etc. are cleaned at least daily.
  - All staff specific quarters, housing, restrooms, etc. will be thoroughly cleaned by staff and/or adult volunteers in between sessions/weeks.
- Shower Facilities
  - Groups camping adjacent to a shower facility will be assigned to clean on a scheduled basis with on-site staff supervision to ensure facility is cleaned properly. Each of the camp's shower facilities will be cleaned at least once a day.
- Kitchen
  - Kitchen staff will thoroughly clean all used kitchen surfaces throughout the day.
- Tents
  - Camp tents will be exposed to ultraviolet light and left to "air out" for 36 hours or more between sessions. Summer temperatures will exceed 80 degree most days.

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- Non-Pool Aquatics Listing – *will update in compliance with guidelines from CDC, state and local entities:*
  - PFDs
  - Canoes
  - Paddles/Oars
  - Lifesaving equipment
  - Buddy tags

### **New Food/Dining Procedures**

- Dining is an important part of any camp. Below is a listing of **additional** procedures that will be implemented in CA Inland Empire 's dining halls in 2020.
  - **Dining hall procedures** have been modified to have lower attendance in the dining hall (based on current, at the time of camp, local health services, state guidelines, and/or CDC).
  - **Dining hall seating** have been modified to have appropriate social distancing standards met (based on current, at the time of camp, local health services, state guidelines, and/or CDC).
  - All staff serving food will meet the current State of California food handler requirements.
- **Camp Specific Dining Hall Capacities**
  - **July-August Camp (max capacity TBD)** – No more than **(XX TBD)** people at one time dining in Camp Emerson Dining Hall to allow for social distancing (or current local, state, or federal guidelines).

### **Additional Supplies/Items**

CA Inland Empire Council's commitment to health and safety is a top priority, the following items will be added to the supplies of each camp (in addition to the supplies normally maintained at camp).

- **Purchase of Additional First Aid and Screening Supplies**
  - Purchased 18 touchless thermometers and 8 oximeters to help our on-site medical professional with screening for COVID-19.
  - Camp Specific
    - July-Aug Camps – 2 oximeters, 4 touchless thermometers
- **Purchase of Additional PPE**
  - CA Inland Empire Council will purchase specific PPE for its staff to ensure that staff will be able to safely perform specific job-related functions at camp to help prevent the spread of germs.
  - The council will also purchase PPE items for campers doing **select program-specific tasks** where PPE is needed (example – gloves and masks for First Aid merit badge. *(note: staff and campers will have general use PPE per camp and staff supply list).* **(See Appendix for approved list of PPE materials)**)

- **Additional Handwashing/Sanitization Stations**

- Currently, each campsite and most programs have handwashing stations. Where needed, new handwashing stations are being constructed to ensure that all program areas have handwashing stations. Should there not be a dedicated handwashing station then alternative arrangements will be made to ensure that all participants can sanitize their hands prior to and post-rotation at program areas.

### **Camp Operation Modifications**

The following are modifications being made to all camp operations. These changes are dynamic and will be installed in compliance with state and local agencies guidelines.

- Participants will be instructed to maintain at least **6 feet of separation** as much as possible (or whatever the recommendation is at the start of camp session).
- **Limit capacity** of class / activity size. Utilize space available in the most efficient way possible to allow for social distancing.
- Each participant will be encouraged to bring their own camp chair to their classes as **social distancing** will not allow more than 4 participants per picnic table
- **Water Bottles** – We require all participants only use their own water bottle at camp. Adults are expected to bring their own water bottles.
- **Check-in Screening** – In addition to standard BSA Medical Form parts A, B, and C (**see Appendix**), upon arrival to camp all staff and participants will be screened by submitting a standardized questionnaire and their temperature will be taken. Those who fail the screening will be refused entry and will be asked to leave camp immediately.
- **Sickness at Camp** – Participants presenting with symptoms of COVID-19 will be temporarily quarantined and sent home immediately.
- All parents must fill out a **“Commitment to Transport”** that requires their written acceptance that they will provide transport for their youth should that youth be identified as someone who needs to be sent home. (**See Appendix**)
- **Visitors** – There will be no family visitors during the camp session. If a unit is changing adults during the week, each new adult will need to check in at the office and complete pre-screening procedures.
- There will be no Family Night/Activities held this summer.
- Once an individual (youth or adult) has checked in to camp they should not plan to leave the property. Readmittance to camp will be on a very limited basis and units should plan accordingly.
- **Hand-washing** – As a Scout is Clean, we will direct participants to thoroughly wash their hands often. We are installing additional hand washing and sanitizing stations.
- **Personal protection equipment (PPE)** – A Scout or leader is encouraged to bring their own supply of hand sanitizer, face mask, and /or gloves as they deem necessary.
- **Group Shower Houses and Group Restrooms** – Group Shower houses and group restrooms located in common camp areas will be cleaned three times per day.
- **Camp Sanitation Personnel** - We will ask for volunteers from our attending adults to serve as a “Camp Sanitation Personnel”. This group of volunteers will be provided detailed instructions, equipment and materials to clean and sanitize all parts of camp.



- **Camp Commissioner** will maintain a duty roster of these “Camp Sanitation Personnel” and hand out assignments to specific parts of camp each morning after breakfast.
- **Protective Gear** – We will review the best methods for the use of gloves, masks, etc., while on our properties.
- **Camp Equipment** – We will properly sanitize all community and reusable program equipment after each use. This includes teaching and visual aids (posters, sample items), tools, terrariums, aquariums, tables, benches.
- **Computer lab** – Spray and wipe each keyboard, mouse, CPU, and monitor with disinfectant.
- **Welding** – Welding station will be sprayed with disinfectant and the welding masks, and equipment will be wiped down with disinfecting wipes.
- **Shooting Sports** -
  - **Rifle Range** –Scout on the firing line will be given a disinfectant wipe to wipe down each rifle, ammo block, safety glasses, hearing protection, and shooting stand
  - **Archery Range** - Scout on the firing line will be given a disinfectant wipe to wipe down each bow, arrow, safety glasses, and target stand
- **Waterfront** – After each use, every boat (canoe, rowboat, kayak) should be drained of any water and then set face up to dry in the sun. As it is drying each boat should be sprayed with disinfectant and left untouched per the label instructions
  - Oars and paddles should be also stored blade down and all shafts and handles should be wiped with disinfectant wipes
  - Participants are encouraged (not required) to bring their own US Coast Guard type III approved lifejacket to participate in aquatic activities

FROM <https://www.lifejacketassociation.org/life-jackets/covid-19-virus-cleaning-storing-your-pfd/>

- **Adjusting of Weeks of Operations** – Due to uncertainty of local, state, and federal agencies CA Inland Empire Council may need to move its traditional starting week/session of the summer camp to ensure adequate preparation time for a safe camping experience. If this happens, those units/families affected will be given the opportunity to move to a different week/session, transfer monies paid to a summer camp in 2021, or receive a 100% refund.
- **Adjusting of Camp Operation Hours**
  - Camping schedules will be adjusted to reduce and/or eliminate non-emergency visitors (i.e. family nights) as well as overall sessions will be shortened to allow a workday in between to ensure that an enhanced cleaning of all of camp takes place.
- **Modification of Program Areas**
  - Where possible CA Inland Empire Council has made classes smaller, added additional staff, and has ensured that program areas meet local, state, or federal guidelines for social distancing.

- **Adjusting Camp Capacities**
  - Camp capacities have been adjusted to meet local, state, and federal guidelines as it relates to dining in. The guidelines will be monitored and, should they change, the camp will change accordingly. In response to this CA Inland Empire Council has adjusted total camping capacities to ensure that campers and staff have a quality experience given the new limitation on dining.
  
- **Additional Staff Training**
  - It is important that all CA Inland Empire Council camp staff know about the general signs of COVID-19 and preventing the spread of COVID-19. Training about COVID-19 will be conducted for all staff.
    - **Day Camps** – Prior to any of the one-day at-camp experiences there will be an onsite orientation for all staff outlining all 2020 policies towards COVID-19 prevention (i.e. cleaning, social distancing, etc.). For staff cleaning on off days, there will be an orientation for cleaning procedures.
    - **Resident Camps** – The onsite medical professional will have completed a formal course in identifying signs of COVID-19. All staff will attend a general session in which identifying the signs of COVID-19 and preventing the spread of COVID-19 are discussed. Finally, all staff will attend a general session that outlines all 2020 policies towards COVID-19 prevention (i.e. cleaning, social distancing, etc.) is discussed to ensure staff follow policies.
  
- **Modification of Visitor Policy at Camp**
  - Visitors are defined as anyone who is not a youth participant, adult participant, staff, or vendor. Programs will be adjusted to eliminate non-emergency visitors (i.e. removal of family nights, guest instructors, etc.). All visitors will have a screening/temperature check as well as oximeter reading when arriving at camp along with collection and review of governmental pre-screening self-assessment. This is in addition to all other documents needed to check into camp.
  
- **Units Attending Camp**
  - Medical Information
    - All units will need to ensure that all participants coming to camp are prepared with a governmental pre-screening self-assessment tool and, where necessary, a doctor recommendation to attend the specific camp. The pre-screening assessment tool, done 24 hours prior to arrival on camp, will be brought to camp as part of check-in documentation, i.e. *Commitment to Transport Plan*, etc.
      - All Medical Forms are completed for all attendees (Scouts, leaders, parents, visitors, etc.)

- All COVID-19 Screening Form are completed for all attendees (Scouts, leaders, parents, visitors, etc.) **(See Pre-Event Medical Screening in Appendix)**
  - Participants must have current medical information and must provide **BSA's annual health and medical record (AHMR)**. **(See Appendix for updated COVID-19 information)**
- **Unit Sanitization Supplies**
  - Units will be supplied necessary items and encouraged to augment those supplies by bringing approved supplies from home **(See approved Unit Sanitation Supply List in Appendix)**
- **Leaders Attending Camp**
  - All adults attending camp will need to meet already existing BSA requirements as it relates to medical screenings. In addition to this, they will also need to have a governmental pre-screening self-assessment tool and, where necessary, a doctor recommendation to attend the specific camp. The pre-screening assessment tool, done 24 hours prior to arrival on camp, will be brought to camp as part of check-in documentation.
    - All leaders will need to ensure that they have reviewed the *Camper Equipment Checklist* . In addition to this, all leaders will need to review the *2020 Supplemental Camper Equipment Checklist*. **(See Appendix for both documents.)**
- **Family Specific *Commitment to Transport Plan* (See Appendix)**
  - All leaders should have a completed *Commitment to Transport Plan* to turn-in as part of the check-in process.
  - Day Camp – Does not apply due to a parent/guardian being at camp with each Scout.
- **COVID-19 “At Risk” Camp Participant Statement (See Appendix)**
  - Please review the statement, sign and bring to camp with your camp medical form.
- **Modification of Camp Check-In Schedule**
  - Screening and temperature check, as well as oximeter readings, will be taken each week on all participants and staff when arriving at camp along with collection and review of governmental pre-screening self-assessments. This is in addition to all other documents needed to check into camp.
- **Modification of Sick Camper Protocol**
  - Several modifications will be made in 2020 to align procedures with COVID-19 restrictions at our camps. Listed below are those new procedures which are in addition to already established procedures/requirements.

- Temperature and oxygen level for any health lodge patients at camp (during camp)
  - Anyone entering the health lodge for medical treatment, regardless of the situation, shall have screening/temperature checked as well as oximeter reading taken prior to leaving the medical lodge.
- **Instituting Temporary Quarantine**
    - Anyone experiencing symptoms of COVID-19 and/or having an abnormal screening/temperature check and/or oximeter reading shall be placed in temporary quarantine at camp until the issue is resolved (recheck for normal signs, removed from camp, etc.). In addition, anyone leaving camp for any reason shall have to complete a pre-screening self-assessment tool and screening/temperature check as well as oximeter reading prior to being allowed to return to normal camp activities.
- **Enhanced Cleaning in Between Each Session of Camp**
    - Camping schedules will be adjusted to allow camp staff and/or adult volunteers to thoroughly clean in between weeks/sessions, each week/session will be ending one day earlier than originally planned.
- **Review and Updating of Procedures and Communicate to Coming Sessions of Camp**
    - After each session/week of camp there will be a review by on-site staff on all newly added 2020 procedures with updates made to those procedures based on feedback from staff and, where possible, implemented by camp management.

### **Dynamic - Living Document**

The measures above are intended to be above and beyond all current standards, measures, rules, etc. currently applicable to the associated camp type of CA Inland Empire Council where the camp resides. The measures above are part of a living document and shall be updated as needed and approved by the necessary governing body of the council.

## APPENDIX

# Pre-Event Medical Screening Checklist

Use this checklist to assist in identifying potentially communicable diseases before event participation.

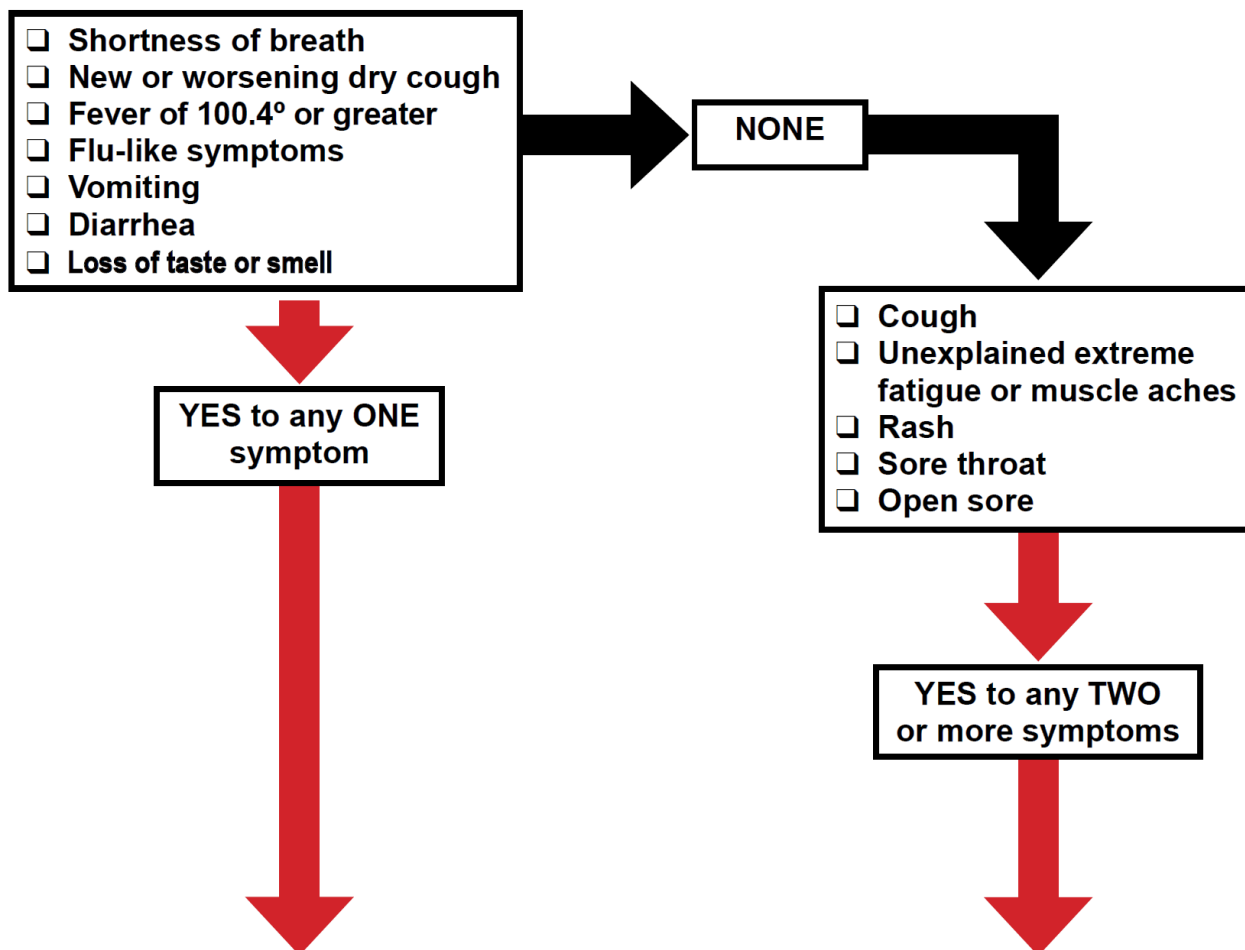
The intent of this checklist is to review with each youth and adult participant their current health status, both before departure and upon arrival at the event. Anyone entering a camp or event — including visitors, vendors, etc. — should be screened using this checklist.

- Yes  No Have you been in contact with anyone who has COVID-19?  
 Yes  No Have you or anyone you have been in close contact with traveled on a cruise ship, internationally, or to an area with a known communicable disease outbreak in the last 14 days?

***If the answer is “yes” to either of these questions, the participant must stay home.***

- Yes  No Are you in a higher-risk category as defined by the CDC guidelines?  
If the answer is “yes” to this question, we recommend that you stay home. Should you choose to participate, you must have approval from your healthcare provider and then proceed to the symptom decision tree below.

***If the above answers are “no,” proceed to this symptom decision tree.***



**THE PARTICIPANT MUST STAY HOME**  
These symptoms are associated with communicable diseases and the participant **MUST** stay home until medically cleared by their health care provider.



## COVID-19 "At-Risk" Camp Participant Statement

### MUST BE COMPLETED AND BROUGHT TO CAMP

Name: \_\_\_\_\_ Unit Type & Number \_\_\_\_\_

Your safety and the safety of all our members, volunteers, and employees is the CA Inland Empire Councils top priority. While there is still much uncertainty regarding COVID 19, we are monitoring the information provided by health experts and government agencies to help keep safe those who choose to come to camp this summer.

Our council leaders continue to coordinate with state and local health departments to ensure we are informed of and comply with their guidance to mitigate the risks COVID-19 being contracted at camp.

Our mitigation plan includes:

- Pre-attendance education,
- Health screening conducted by your unit prior to travel to our camp, including a temperature check.
- Health screening upon your arrival at camp conducted by our camp health officers, which will also include a temperature check.
  - Note: should anyone in the unit not pass the arrival screening, the entire unit will not be allowed to enter camp.
- Limitations on visitors in camp.
  - All visitors will be screen upon arrival before entry to camp.
- Hygiene reminders while at camp.
- Extra handwashing /sanitizer stations throughout camp.
- Dedicated staff to clean and disinfect high-touch surfaces and shared program equipment.
- An emergency response plan that includes an isolation and quarantine protocol should a person at camp develop symptoms of COVID-19 or other communicable disease.
- Check-ins with each unit one week and two weeks after the unit leaves camp to determine if any participants have developed symptoms.

These precautions are important, but these efforts cannot eliminate the potential for exposure to COVID-19 or any other illness while at camp. Experts have said that people with COVID-19 may show no signs or symptoms of illness, but can still spread the virus, and people may be contagious before their symptoms occur. The fact is that someone with COVID-19 may pass the required health screenings and be allowed into camp.

We also know the very nature of camp makes social distancing difficult in many situations and impossible in others.

Information from the Centers for Disease Control and Prevention (CDC) states that older adults and people of any age who have serious underlying medical conditions are at higher risk for severe illness from COVID-19. *If you are in this group, please ensure you have approval from your health care provider prior to attending camp.*

Every staff member, volunteer, and Scouting family must evaluate their unique circumstances and make an informed decision before attending camp. We hope this information will be helpful as you make that choice.

# AHMR Summer 2020 Exception

*Internal Guidelines and not intended for mass distribution.*

## Background

The BSA's annual health and medical record (AHMR) currently requires completion / update annually for all participants, in all Scouting events. Parts A and B are a consent, authorization / risk acknowledgement and a detailed health history. Part C, the pre-participation physical is recommended for all participants but required for any event lasting over 72 hours, including traditional resident camping. Part C is valid to the end of the 12th month that it is was completed in. For example, a Part C examination done on February 1, 2019 would be valid until February 29, 2020.

We understand that physical exams may be difficult to obtain in some parts of the country because of COVID-19. We also realize that this may present a hardship for some participants that typically schedule their physical exams prior to the camping season. In light of COVID-19, the following guidance is being provided and will be in effect until August 31, 2020. *The following one-time exceptions will only apply to BSA Accredited Council Camps and BSA High Adventure Bases.*

**Note: Participants that have a valid, completed AHMR Parts A, B & C (NCAP HS-503) within 12 months of camp need no exception.**

Participants with a Part C completed on or after February 1, 2019.

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- Validity of any Part C completed on or after February 1, 2019 is extended until August 31, 2020.
  - Update Parts A and B of the AHMR within two weeks of your departure to camp. Download here: <https://www.scouting.org/health-and-safety/ahmr/>

Participants with no Part C or one prior to February 1, 2019, including new members.

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- Attach a completed alternate exam (sports, school, annual well exam at pediatrician) completed on or after February 1, 2019. This will be accepted as a valid Part C until August 31, 2020.
  - Update Parts A and B of the AHMR within two weeks of your departure to camp. Download here: <https://www.scouting.org/health-and-safety/ahmr/>

There will be no other exceptions outside these parameters. Councils may be more restrictive in their policies to meet local or program requirements including those operating in states that have mandates in place for examinations and those operating SCUBA programming.

If a participant does not meet the criteria above, the following are options to consider to obtain an examination:

- *Telephonic well appointment* – Conducted with an individual's existing health care provider (HCP) to complete the AHMR Part C exam and examiners signature virtually.
- *Professional or Compliance well exams* - Adult participants whose profession requires regular well or compliance exams (emergency responders, pilots, etc.) may also be able to complete the exam requirements by having the conducting HCP complete Part C either during those well checks or telephonically.

# AHMR Summer 2020 Exception

*Internal Guidelines and not intended for mass distribution.*

- *Local Community clinic or alternative HCP* - If primary HCP is unavailable, use alternatives / clinics in the local community such as alternate HCP, CVS, Rite Aid, Care Now, etc.
- *Council Organized Well Exams* - organized well examinations coordinated with the Council Health Supervisor (CHS) and/or local resources.
- *Camp well exams* - Just in time delivery at front gate of a local council camp – Council organized with CHS and volunteer or contracted medical providers (MD, DO, NP, PA). Participants must understand this may not be available at all camps and that some may not be allowed to take part and be sent home based on HCP's exam findings. This service will not be available at national high adventure bases.

## **Individuals with higher risk for severe COVID-19 as defined by the Centers for Disease Control and Prevention (CDC).**

---

We would recommend that in the summer of 2020, this group stay at home. The model risk acknowledgement and pre-event medical checklist [680-057](#) includes the following guidance:

Information from the Centers for Disease Control and Prevention (CDC) states that older adults and people of any age who have serious underlying medical conditions are at higher risk for severe illness from COVID-19. *If you are in this group, please ensure you have approval from your health care provider prior to attending camp.*

We would also encourage anyone whose medical condition or history has significantly changed since their last physical exam have approval from their health care provider prior to attending camp.

## **Resources and Safety Moments:**

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NCAP HS-503: Please see separate attachment in SE Packet (5-11-20)

AHMR Resource Page: <https://www.scouting.org/health-and-safety/ahmr/>

Annual Health and Medical Record: <https://www.scouting.org/health-and-safety/safety-moments/annual-health-and-medical-record/>

Communicable Disease Prevention: <https://www.scouting.org/health-and-safety/safety-moments/communicable-disease-prevention/>

How to Review the AHMR: <https://www.scouting.org/health-and-safety/safety-moments/how-to-review-the-ahmr/>

Pre-Event Medical Screening: <https://www.scouting.org/health-and-safety/safety-moments/pre-event-medical-screening/>

# Standard and COVID-19 Camper Equipment Check List

We suggest that each item of clothing and equipment be labeled with the Scout's name, address, and troop number. This will be helpful in returning lost items to their owners.

## Scout Uniform

- Official shirt
- Official shorts/long pants
- Scout belt
- Scout socks (2 pair)
- Scout hat (if part of troop uniform)
- Camp or troop t-shirts
- Socks (3 - 5 pair)
- Swim trunks
- Raincoat or poncho
- Underwear
- Hiking shoes and tennis shoes (closed-toe)

- Fishing pole and tackle
- Spending money
- Ear plugs
- Water shoes
- Day pack or fanny pack

## NOT SUGGESTED

- Cell phone
- MP3 Player
- Other electronic devices

## Necessary Equipment

- Bath towel and soap with container
- Shower shoes (closed-toe)
- Toothbrush and toothpaste
- Comb or brush
- Drinking cup
- Water bottle
- Lightweight sleeping bag or 2 sheets and 1 blanket
- Cot or sleeping pad (Camp does not provide cots)
- Sleepwear
- Flashlight (extra batteries)
- Religious materials
- Boy Scout Handbook
- Small backpack (book bag)
- Notebook paper and pencil or pen
- Insect repellent (non-aerosol)
- Hat or cap
- Sunscreen
- COMPLETED Annual Health and Medical Record

(680-001)- including doctor's signature

- Individual First Aid kit

## Optional Equipment

- Wristwatch
- Sunglasses
- Personal first aid kit
- Pocket knife
- Binoculars
- Work gloves
- Battery operated fan and extra batteries
- Survival kit (for Wilderness Survival merit badge)

- Collections of value
- Other valuables

## DO NOT BRING

- Fireworks
- Firearms
- Valuables
- Alcohol or drugs
- Sheath knife
- Pets (including parents' night)

## Recommended Camper Equipment Additions for COVID-19

- One-week supply of personal hand sanitizer
- One-week supply of disinfectant wipes (Wet-Ones or similar wipe)
- Personal, reusable face mask and gloves (if desired)
- Personal tent

## **Parental Commitment to Transport**

### **To be completed and submitted to camp upon arrival**

I understand that any time during my child's stay at a CA Inland Empire Council Summer Camp Program I may be called on to transport my camper (youth or adult) from camp for medical reasons. I commit to being available for the duration of the session by phone should I need to be contacted by the camp management team. Furthermore, upon consultation with the camp management team I agree to pick up my participant within 12 hours of being contacted. I will also provide a second level contact to be prepared for unforeseen circumstances.

---

Participant Name

---

Unit Type & Number

---

Signed

---

Date

---

Primary Contact Name

---

Phone

---

Secondary Contact Name

---

Phone

# CA Inland Empire Council Summer Activities

## COVID-19 FAQ's

UPDATED 5/21/20 -These FAQ's will be updated as needed and will show a red star \*.

### Camping this Summer

The leadership of the CA Inland Empire Council has the health and safety of all Scouts, their families, staff, and general public as our highest priority and concern. We appreciate your patience as we navigate this situation as best we can. We will be monitoring circumstances and adhering to guidance from the CDC, our departments of health, and other experts to determine whether programs need to be postponed or adjusted. Thankfully we have an excellent working relationship with our county's Department of Health, our Enterprise Risk Management Committee and our national accreditation teams. Additionally, our staff and volunteers are working with these agencies and many others to ensure that we are fully prepared to continue to offer the same values-based, mission-driven summer camp experience that we have been providing for over 100 years.

**Q: Will there be resident/summer camp this summer?** YES. We'll be tracking the CDC, state, and local recommendations carefully as things progress. If restrictions will impact camp operations or availability, we will be in touch with reservation holders before their arrival to discuss appropriate steps.

**Q: Can I still make camping reservations?** Yes, camping reservations are ongoing. If current COVID-19 restrictions continue, we'll be in touch with reservation holders before their arrival to discuss appropriate steps.

**Q: Will there be day camp this summer?** Yes, day camp will occur. Day camp plans have changed, and now include a **"virtual day camp"** and multiple outdoor sessions at in the month of June and August.

**Q: Does CA Inland Empire Council have any virtual opportunities to keep my kids engaged?**  
Yes! We're making sure all the Scouts who are home right now have plenty of opportunities for engaging educational and recreational experiences. In addition to the newly announced virtual day camp for CA Inland Empire Council, we are also providing council camp-in's, online merit badge classes, online troop and pack meetings and other Scouting at-home programs and opportunities.

**Q: Will there be special efforts made in the council camps to keep them clean and sanitized?**  
Yes, the ranger and camp staff of each camp are and will be conducting extra cleaning efforts. All camping facilities have been deep cleaned in preparation of your arrival. We will continue to monitor the information provided to us by the Department of Health and CDC and apply best practices.



**Q: How will you keep Scouts safe at summer camp?** Health and safety is our primary concern, It is important to us that people at camp stay healthy and are well cared for if they become ill. Upon arrival at any camp facility each participant will be medically screened by certified health professionals which will include individual temperature checks and general health assessment. We will have and act on the latest information from the CDC, state, and local health agencies regarding best practices on screening procedures for campers as they arrive. Weekly operations have been modified to eliminate gatherings beyond current guidelines. (Different approaches to flag ceremonies, dining halls, campfires, and other camp-wide events).

**Q: What is BSA's policy on social distancing in a tenting environment when camping?** With safety in mind and based on guidance from national and local health officials, the Boy Scouts of America (BSA). There is no formal policy on social distancing in tents, just as there is no prohibition on tenting alone if logistics can accommodate that request. Our campsites currently accommodate separation of tents and participants can bring their own tent if desired.

**Q: Will I be refunded if my camp session is cancelled by the CA Inland Empire Council?** Yes. If your session is cancelled by CA Inland Empire Council please choose from the following options:

- Save the funds as a credit to be used in 2021:
  - We'll hold the credit in your UNIT account (good for 2 years from your scheduled visit)
- Or receive a full refund for the amount paid

**Q: What if I cancel my unit's reservation early and my session is held as usual? Do I get a full refund?** Yes. If you are not planning on attending your session and you contact your unit leader and [jessica.parker@scouting.org](mailto:jessica.parker@scouting.org) at least seven (7) days before your session start date, you will receive a full refund of fees paid.

**Q: Is there going to be a pre-camp leader's meeting?** Yes. The meeting will be virtual this year. Registration links will be provided soon. Go to Facebook or website for additional details on leaders' meetings and camp information.

**Q: What kind of safety guidelines will you be following at camp?** The health and safety of our participants is important to us. Our camps are nationally accredited and held to high standards. All participants will be required to come to camp healthy and able to participate. Unit leaders will work in concert with camp management to ensure compliance. Health and safety guidelines provided by the state and CDC will be put into practice. Any Scout that arrives at camp physically ill will not be admitted and sent home immediately.

**\*Q: Will I have to provide any additional health information to come to camp?** Yes, we are working with local and state agencies to understand any prescreening guidelines, a Pre-Event Screening worksheet is included in the CTC COVID-19 Camp Plan of Operation and will be made available to all camp participants. Information will be shared with reservation holders as it becomes available and updated on council communication channels. A current Annual Health and Medical Record is strongly recommended but alternative options are now available. See the AHMR Summer 2020 Exception document in the CTC Camp COVID-19 Plan of Operation. Details will be shared on CTC communication channels.

**Q: Will there be changes to the dining hall operations?** Yes, units will be assigned mealtimes to limit the occupancy of the dining hall. Tables will be arranged to create spacing and table occupancy will be limited. All food will be served by staff adhering to local and state guidelines for safe food handling. The council will continue to follow guidelines from local and state health agencies and adjust as needed.

**Q: What will the check-in process look like?** As is standard in previous years, each unit must check in to camp. This summer there will be a few additional requirements that may include health prechecks, self-assessments, and screenings. Details of exactly what will be needed, and the process will be communicated as soon as local and state agencies have published required guidelines.

**Q: Will staff be screened and need to comply with state and local guidelines?** Yes. The staff at each camp will be screened as provided for in any local and/or state guidelines. Those guidelines are still being drafted by various agencies. Staff will be notified as information becomes available.

**Q: Will there be specific procedures for staff or participants if they become ill or present any symptoms?** Yes, each camp will have specific procedures to follow in the case of someone becoming ill or showing symptoms. Guidelines from local and state agencies are being drafted and will be put into place as they become available.

**\*Q: Will I still need to get an Annual Health and Medical Record PART C for camp over 72 hours?** Yes. BSA's Annual Health and Medical Record Forms Part A and Part B are required for day camp outdoor sessions and Cub Scout/Webelos resident camp. Parts A, B, and current Part C is for Scouts BSA resident camp and is strongly recommended. See the AHMR Summer 2020 Exception document in the CTC Camp COVID-19 Plan of Operation. Details will be shared on CTC communication channels.

**\*Q: My Scout was unable to get a physical scheduled (Part C) with their doctor due to the virus restricting doctor visits. Can we use their medical form from last year, even if it is technically expired?** Please refer to the AHMR Summer 2020 Exception document in the CA Inland Empire Camp COVID-19 Plan of Operation. Details will be shared on CIEC communication channels.

**Q: Since the council office is closed, if I make my payment by mail will it be processed?** Yes. All payments will still be processed.

**Q: Should I continue to make camp payments if there is a chance camp could be cancelled?**

Yes, our camping department will be invoicing units for camp payments. We understand this is a challenging time for families, so we have extended the payment deadline to June 08 and have created an option for deferred payment opportunities. Please reach out to the camping department [jessica.parker@scouting.org](mailto:jessica.parker@scouting.org) if your unit will need to adjust their payment plan.

Based on the latest information available, our expectation is that camp will occur as scheduled.

**Q: What if I have individual families who want to cancel early due to their fear of the virus?**

We would encourage all families to wait to make a final decision until we know more in regards to COVID-19 and its impact. If you are not planning on attending your session, please contact your unit leader and [Jessica.parker@scouting.org](mailto:Jessica.parker@scouting.org) for a full refund of fees paid. All refunds will be paid to original payee.

**Q: Can I transfer my unit's reservation to 2021 summer camp?** Yes. If your unit feels it best to move their current registration due to COVID-19, we will transfer the unit reservation.

**Q: Our families are asking if they can delay making their payment for camp right now since things are so uncertain for them. What can we do?** We understand this is a challenging time for families, please reach out to [Jessica.parker@scouting.org](mailto:Jessica.parker@scouting.org). We will work with units in need to adjust payment plans at no penalty. We have a **deferred payment plan** that your unit or individuals may want to take advantage of.

**Q: What if I have to cancel our unit's reservation because we were unable to hold our unit fundraiser and can't make our camp payment?** Before cancelling your unit's camp experience, please reach out to [jessica.parker@scouting.org](mailto:jessica.parker@scouting.org) to discuss options. We have recently launched a virtual camp card sale through June 30<sup>th</sup> and have a **campership program** which offers assistance of up to 50% for families, or you may take advantage of the **deferred payment plan**.

**Q: How do I get updated on further communications about summer camp status and COVID-19?** We plan to update these FAQs as often as necessary to keep up with the changing COVID-19 situation. So, please plan on checking back often. We also use email, Hub, newsletters, and our council Facebook group to communicate with our members. If you have any questions or concerns, contact [jessica.parker@scouting.org](mailto:jessica.parker@scouting.org) - please add "Camp Question" in the subject line and be specific with your question.

## Part A: Informed Consent, Release Agreement, and Authorization

Full name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

High-adventure base participants:

Expedition/crew No.: \_\_\_\_\_

or staff position: \_\_\_\_\_

### Informed Consent, Release Agreement, and Authorization

I understand that participation in Scouting activities involves the risk of personal injury, including death, due to the physical, mental, and emotional challenges in the activities offered. Information about those activities may be obtained from the venue, activity coordinators, or your local council. I also understand that participation in these activities is entirely voluntary and requires participants to follow instructions and abide by all applicable rules and the standards of conduct.

In case of an emergency involving me or my child, I understand that efforts will be made to contact the individual listed as the emergency contact person by the medical provider and/or adult leader. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health-care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

(If applicable) I have carefully considered the risk involved and hereby give my informed consent for my child to participate in all activities offered in the program. I further authorize the sharing of the information on this form with any BSA volunteers or professionals who need to know of medical conditions that may require special consideration in conducting Scouting activities.

**With appreciation of the dangers and risks associated with programs and activities, on my own behalf and/or on behalf of my child, I hereby fully and completely release and waive any and all claims for personal injury, death, or loss that may arise against the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with any program or activity.**

I also hereby assign and grant to the local council and the Boy Scouts of America, as well as their authorized representatives, the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication. I further authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the BSA, and I specifically waive any right to any compensation I may have for any of the foregoing.

*Every person who furnishes any BB device to any minor, without the express or implied permission of the parent or legal guardian of the minor, is guilty of a misdemeanor. (California Penal Code Section 19915[a])* My signature below on this form indicates my permission.

I give permission for my child to use a BB device. (Note: Not all events will include BB devices.)

Checking this box indicates you DO NOT want your child to use a BB device.



**NOTE: Due to the nature of programs and activities, the Boy Scouts of America and local councils cannot continually monitor compliance of program participants or any limitations imposed upon them by parents or medical providers. However, so that leaders can be as familiar as possible with any limitations, list any restrictions imposed on a child participant in connection with programs or activities below.**

List participant restrictions, if any: \_\_\_\_\_

None

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity. If I am participating at Philmont Scout Ranch, Philmont Training Center, Northern Tier, Sea Base, or the Summit Bechtel Reserve, I have also read and understand the supplemental risk advisories, including height and weight requirements and restrictions, and understand that the participant will not be allowed to participate in applicable high-adventure programs if those requirements are not met. The participant has permission to engage in all high-adventure activities described, except as specifically noted by me or the health-care provider. If the participant is under the age of 18, a parent or guardian's signature is required.

Participant's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/guardian signature for youth: \_\_\_\_\_ Date: \_\_\_\_\_

(If participant is under the age of 18)

### Complete this section for youth participants only:

#### Adults Authorized to Take Youth to and From Events:

You must designate at least one adult. Please include a phone number.

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Phone: \_\_\_\_\_

#### Adults NOT Authorized to Take Youth to and From Events:

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Phone: \_\_\_\_\_



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## Part B1: General Information/Health History

Full name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

### High-adventure base participants:

Expedition/crew No.: \_\_\_\_\_

or staff position: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Height (inches): \_\_\_\_\_ Weight (lbs.): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP code: \_\_\_\_\_ Phone: \_\_\_\_\_

Unit leader: \_\_\_\_\_ Unit leader's mobile #: \_\_\_\_\_

Council Name/No.: \_\_\_\_\_ Unit No.: \_\_\_\_\_

Health/Accident Insurance Company: \_\_\_\_\_ Policy No.: \_\_\_\_\_



Please attach a photocopy of both sides of the insurance card. If you do not have medical insurance, enter "none" above.

### In case of emergency, notify the person below:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_ Home phone: \_\_\_\_\_ Other phone: \_\_\_\_\_

Alternate contact name: \_\_\_\_\_ Alternate's phone: \_\_\_\_\_

## Health History

Do you currently have or have you ever been treated for any of the following?

Yes	No	Condition	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	Last HbA1c percentage and date: _____ Insulin pump: Yes <input type="checkbox"/> No <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Hypertension (high blood pressure)	
<input type="checkbox"/>	<input type="checkbox"/>	Adult or congenital heart disease/heart attack/chest pain (angina)/heart murmur/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers.	
<input type="checkbox"/>	<input type="checkbox"/>	Family history of heart disease or any sudden heart-related death of a family member before age 50.	
<input type="checkbox"/>	<input type="checkbox"/>	Stroke/TIA	
<input type="checkbox"/>	<input type="checkbox"/>	Asthma/reactive airway disease	Last attack date: _____
<input type="checkbox"/>	<input type="checkbox"/>	Lung/respiratory disease	
<input type="checkbox"/>	<input type="checkbox"/>	COPD	
<input type="checkbox"/>	<input type="checkbox"/>	Ear/eyes/nose/sinus problems	
<input type="checkbox"/>	<input type="checkbox"/>	Muscular/skeletal condition/muscle or bone issues	
<input type="checkbox"/>	<input type="checkbox"/>	Head injury/concussion/TBI	
<input type="checkbox"/>	<input type="checkbox"/>	Altitude sickness	
<input type="checkbox"/>	<input type="checkbox"/>	Psychiatric/psychological or emotional difficulties	
<input type="checkbox"/>	<input type="checkbox"/>	Neurological/behavioral disorders	
<input type="checkbox"/>	<input type="checkbox"/>	Blood disorders/sickle cell disease	
<input type="checkbox"/>	<input type="checkbox"/>	Fainting spells and dizziness	
<input type="checkbox"/>	<input type="checkbox"/>	Kidney disease	
<input type="checkbox"/>	<input type="checkbox"/>	Seizures or epilepsy	Last seizure date: _____
<input type="checkbox"/>	<input type="checkbox"/>	Abdominal/stomach/digestive problems	
<input type="checkbox"/>	<input type="checkbox"/>	Thyroid disease	
<input type="checkbox"/>	<input type="checkbox"/>	Skin issues	
<input type="checkbox"/>	<input type="checkbox"/>	Obstructive sleep apnea/sleep disorders	CPAP: Yes <input type="checkbox"/> No <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	List all surgeries and hospitalizations	Last surgery date: _____
<input type="checkbox"/>	<input type="checkbox"/>	List any other medical conditions not covered above	



## Part B2: General Information/Health History

Full name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

High-adventure base participants:

Expedition/crew No.: \_\_\_\_\_

or staff position: \_\_\_\_\_

### Allergies/Medications

DO YOU USE AN EPINEPHRINE AUTOINJECTOR? Exp. date (if yes) \_\_\_\_\_  YES  NO

DO YOU USE AN ASTHMA RESCUE INHALER? Exp. date (if yes) \_\_\_\_\_  YES  NO

Are you allergic to or do you have any adverse reaction to any of the following?

Yes	No	Allergies or Reactions	Explain	Yes	No	Allergies or Reactions	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Medication		<input type="checkbox"/>	<input type="checkbox"/>	Plants	
<input type="checkbox"/>	<input type="checkbox"/>	Food		<input type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings	

List all medications currently used, including any over-the-counter medications.

Check here if no medications are routinely taken.  If additional space is needed, please list on a separate sheet and attach.

Medication	Dose	Frequency	Reason

YES  NO Non-prescription medication administration is authorized with these exceptions: \_\_\_\_\_

Administration of the above medications is approved for youth by:

\_\_\_\_\_/\_\_\_\_\_  
 Parent/guardian signature MD/DO, NP, or PA signature (if your state requires signature)



Bring enough medications in sufficient quantities and in the original containers. Make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication unless instructed to do so by your doctor.

### Immunization

The following immunizations are recommended. Tetanus immunization is required and must have been received within the last 10 years. If you had the disease, check the disease column and list the date. If immunized, check yes and provide the year received.

Yes	No	Had Disease	Immunization	Date(s)
<input type="checkbox"/>	<input type="checkbox"/>		Tetanus	
<input type="checkbox"/>	<input type="checkbox"/>		Pertussis	
<input type="checkbox"/>	<input type="checkbox"/>		Diphtheria	
<input type="checkbox"/>	<input type="checkbox"/>		Measles/mumps/rubella	
<input type="checkbox"/>	<input type="checkbox"/>		Polio	
<input type="checkbox"/>	<input type="checkbox"/>		Chicken Pox	
<input type="checkbox"/>	<input type="checkbox"/>		Hepatitis A	
<input type="checkbox"/>	<input type="checkbox"/>		Hepatitis B	
<input type="checkbox"/>	<input type="checkbox"/>		Meningitis	
<input type="checkbox"/>	<input type="checkbox"/>		Influenza	
<input type="checkbox"/>	<input type="checkbox"/>		Other (i.e., Hib)	
<input type="checkbox"/>	<input type="checkbox"/>		Exemption to immunizations (form required)	

Please list any additional information about your medical history:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

DO NOT WRITE IN THIS BOX.

Review for camp or special activity.

Reviewed by: \_\_\_\_\_

Date: \_\_\_\_\_

Further approval required:  Yes  No

Reason: \_\_\_\_\_

Approved by: \_\_\_\_\_

Date: \_\_\_\_\_



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## Part C: Pre-Participation Physical

This part must be completed by certified and licensed physicians (MD, DO), nurse practitioners, or physician assistants.

Full name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

### High-adventure base participants:

Expedition/crew No.: \_\_\_\_\_  
or staff position: \_\_\_\_\_



You are being asked to certify that this individual has no contraindication for participation in a Scouting experience. For individuals who will be attending a high-adventure program, including one of the national high-adventure bases, please refer to the supplemental information on the following pages or the form provided by your patient. You can also visit [www.scouting.org/health-and-safety/ahmr](http://www.scouting.org/health-and-safety/ahmr) to view this information online.

### Please fill in the following information:

	Yes	No	Explain
Medical restrictions to participate	<input type="checkbox"/>	<input type="checkbox"/>	

Yes	No	Allergies or Reactions	Explain	Yes	No	Allergies or Reactions	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Medication		<input type="checkbox"/>	<input type="checkbox"/>	Plants	
<input type="checkbox"/>	<input type="checkbox"/>	Food		<input type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings	

Height (inches)	Weight (lbs.)	BMI	Blood Pressure	Pulse
			/	

	Normal	Abnormal	Explain Abnormalities
Eyes	<input type="checkbox"/>	<input type="checkbox"/>	
Ears/nose/throat	<input type="checkbox"/>	<input type="checkbox"/>	
Lungs	<input type="checkbox"/>	<input type="checkbox"/>	
Heart	<input type="checkbox"/>	<input type="checkbox"/>	
Abdomen	<input type="checkbox"/>	<input type="checkbox"/>	
Genitalia/hernia	<input type="checkbox"/>	<input type="checkbox"/>	
Musculoskeletal	<input type="checkbox"/>	<input type="checkbox"/>	
Neurological	<input type="checkbox"/>	<input type="checkbox"/>	
Skin issues	<input type="checkbox"/>	<input type="checkbox"/>	
Other	<input type="checkbox"/>	<input type="checkbox"/>	

### Examiner's Certification

I certify that I have reviewed the health history and examined this person and find no contraindications for participation in a Scouting experience. This participant (with noted restrictions):

True	False	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Meets height/weight requirements.
<input type="checkbox"/>	<input type="checkbox"/>	Has no uncontrolled heart disease, lung disease, or hypertension.
<input type="checkbox"/>	<input type="checkbox"/>	Has not had an orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months or possesses a letter of clearance from his or her orthopedic surgeon or treating physician.
<input type="checkbox"/>	<input type="checkbox"/>	Has no uncontrolled psychiatric disorders.
<input type="checkbox"/>	<input type="checkbox"/>	Has had no seizures in the last year.
<input type="checkbox"/>	<input type="checkbox"/>	Does not have poorly controlled diabetes.
<input type="checkbox"/>	<input type="checkbox"/>	If planning to scuba dive, does not have diabetes, asthma, or seizures.

Examiner's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Examiner's printed name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP code: \_\_\_\_\_

Office phone: \_\_\_\_\_

### Height/Weight Restrictions

If you exceed the maximum weight for height as explained in the following chart and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle/accessible roadway, you may not be allowed to participate.

#### Maximum weight for height:

Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight
60	166	65	195	70	226	75	260
61	172	66	201	71	233	76	267
62	178	67	207	72	239	77	274
63	183	68	214	73	246	78	281
64	189	69	220	74	252	79 and over	295



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