

## American Red Cross Wilderness and Remote First Aid April 27–29, 2018

Designed for scouts, outdoor enthusiasts and those working in remote environments, this course teaches how to respond to an emergency when help may be delayed. This course is based on the Boy Scouts of America *Wilderness First Aid Curriculum and Doctrine Guidelines* and meets OSHA's Best Practices for Workplace First Aid Training Programs.

Topics include:

- Primary and Secondary Assessments
- Head (Brain), Neck and Spinal Injuries
- Heat-Related Emergencies
- Hypothermia
- Altitude-Related Illnesses
- Allergies and Anaphylaxis
- Burns
- Bone and Joint Injuries
- Wounds and Wound Infection

*Prerequisites: Must be at least 14 years old and hold current adult CPR/AED certification.*

*Course length: 16 hours; 2 year certification*

**When:** April 27-29, 2018

**Where:** Jurupa Mountains Discovery Center, 7621 Granite Hill Drive, Jurupa Valley, CA 92509

**Check in Time:** 5pm Friday April 27, 2018

**End time:** 4pm Sunday April 29, 2018

**Course size:** 16

**What to bring:** Camping gear for weekend campout. Dress for the weather, Camp chair, **Health Form Part A and B**

**Course Fee:** \$65 (meals provided)

**Registration closes April 23, 2018 or when registration reaches 16**

For course information: Paula Boothe at [TOWONUNI@aol.com](mailto:TOWONUNI@aol.com)



Please make check payable to Paula Boothe and mail to

Jurupa Mountains Discovery Center WRFA 2<sup>nd</sup> offering 2018  
7621 Granite Hill Drive  
Jurupa Valley, CA 92509

(participants under 18 must have the consent form filled out by a parent )

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone:** (\_\_\_\_) \_\_\_\_\_ **Council:** \_\_\_\_\_

**District:** \_\_\_\_\_ **E-mail:** \_\_\_\_\_

**Unit and Number** \_\_\_\_\_ **CPR/AED certification Date:** \_\_\_\_\_