

American Red Cross Wilderness and Remote First Aid March 16-18, 2018

Designed for scouts, outdoor enthusiasts and those working in remote environments, this course teaches how to respond to an emergency when help may be delayed. This course is based on the Boy Scouts of America *Wilderness First Aid Curriculum and Doctrine Guidelines* and meets OSHA's Best Practices for Workplace First Aid Training Programs.

Topics include:

- Primary and Secondary Assessments
- Head (Brain), Neck and Spinal Injuries
- Heat-Related Emergencies
- Hypothermia
- Altitude-Related Illnesses
- Allergies and Anaphylaxis
- Burns
- Bone and Joint Injuries
- Wounds and Wound Infection

Prerequisites: Must be at least 14 years old and hold current adult CPR/AED certification.

Course length: 16 hours; 2 year certification

When: March 16-18, 2018

Where: Jurupa Mountains Discovery Center, 7621 Granite Hill Drive, Jurupa Valley, CA 92509

Check in Time: 5pm Friday March 16, 2018

End time: 4pm Sunday March 18, 2018

Course size: 16

What to bring: Camping gear for weekend campout. Dress for the weather, Camp chair, **Health Form Part A and B**

Course Fee: \$65 (meals and materials provided)

Registration closes March 12, 2018 or when registration reaches 16

For course information: Paula Boothe at TOWONUNI@aol.com



Please make check payable to Paula Boothe and mail to

Jurupa Mountains Discovery Center WRFA #1 - 2018
7621 Granite Hill Drive
Jurupa Valley, CA 92509

(participants under 18 must have the consent form filled out by a parent)

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: (____) _____ **Council:** _____

District: _____ **E-mail:** _____

Unit and number _____ **CPR/AED certification Date:** _____